#### Menus Week of 03 / 09 / 2020 / Cycle 3 - DIET LINE

Items with DL before the menu name indicates this item has been modified to be lower in calories, fats and/or sodium than the regular line items. The Diet Line is designed to promote healthier eating and can be used to adhere to most modified diets. Residents who require a therapeutic diet are advised to make an appointment with the Registered Dietitian for a one-on-one consultation.

DL Scrambled Egg Beaters Nard Boiled Eggs/DL Turkey Bacon French Toast w/No Sugar Syrup 9th Biscuits / DL Biscuit Gravy 9th DL Oatmeal / DL Grits E Hard Boiled Eggs DL Turkey Sausage Patties DL Lyonnaise Potatoes DL DL Oatmeal / DL Grits DL Scrambled Egg Beaters DL DL Oatmeal / DL Grits DL Scrambled Egg Beaters UH draf Boiled Eggs DL Turkey Sausage Pancakes w/No Sugar Syrup 12th Biscuits / DL Biscuit Gravy DL Scrambled Egg Beaters DL Catmeal / DL Grits DL Oatmeal / DL Grits DL Carmadkes w/DL Onion Gravy DL Mashed Potatoes w/DL Onion Gravy DL Mashed Potatoes w/DL Onion Gravy DL Mustard Greens / Wheat Rolls DL California Blend Veggies DL California Blend Veggies DL California Blend Veggies DL California Blend Veggies DL Scrambled Egg Beaters UH draf Boile Eggs/DL Turkey Sausage Pancakes w/No Sugar Syrup 12th Biscuits / DL Biscuit Gravy DL Scrambled Egg Beaters I Hard Boiled Eggs DL Creamed Ground Turkey Biscuits / DL Biscuit Gravy DL Scrambled Egg Beaters I Hard Boiled Eggs DL Creamed Ground Turkey Biscuits / DL Biscuit Gravy DL Creamed Ground Turkey Biscuits / DL Biscuit Gravy DL Creamed Ground Turkey Biscuits / DL Biscuit Gravy DL Creamed Ground Turkey Biscuits / DL Biscuit Gravy DL Creamed Ground Turkey Biscuits / DL Biscuit Gravy DL Creamed Ground Turkey Biscuits / DL Biscuit Gravy DL Creamed Ground Turkey Biscuits / DL Biscuit Gravy DL Creamed Ground Turkey Biscuits / DL Biscuit Gravy DL Streamed Replace Subtaction Captain Ca		BREAKFAST - 0700 - 0830	LUNCH - 1130 - 1300	DINNER - 1630 - 1800
DL Scrambled Egg Beaters Nard Boiled Eggs/DL Turkey Bacon French Toast w/No Sugar Syrup 9th Biscuits / DL Biscuit Gravy 9th DL Oatmeal / DL Grits E Hard Boiled Eggs DL Turkey Sausage Patties DL Lyonnaise Potatoes DL DL Oatmeal / DL Grits DL Scrambled Egg Beaters DL DL Oatmeal / DL Grits DL Scrambled Egg Beaters UH draf Boiled Eggs DL Turkey Sausage Pancakes w/No Sugar Syrup 12th Biscuits / DL Biscuit Gravy DL Scrambled Egg Beaters DL Catmeal / DL Grits DL Oatmeal / DL Grits DL Carmadkes w/DL Onion Gravy DL Mashed Potatoes w/DL Onion Gravy DL Mashed Potatoes w/DL Onion Gravy DL Mustard Greens / Wheat Rolls DL California Blend Veggies DL California Blend Veggies DL California Blend Veggies DL California Blend Veggies DL Scrambled Egg Beaters UH draf Boile Eggs/DL Turkey Sausage Pancakes w/No Sugar Syrup 12th Biscuits / DL Biscuit Gravy DL Scrambled Egg Beaters I Hard Boiled Eggs DL Creamed Ground Turkey Biscuits / DL Biscuit Gravy DL Scrambled Egg Beaters I Hard Boiled Eggs DL Creamed Ground Turkey Biscuits / DL Biscuit Gravy DL Creamed Ground Turkey Biscuits / DL Biscuit Gravy DL Creamed Ground Turkey Biscuits / DL Biscuit Gravy DL Creamed Ground Turkey Biscuits / DL Biscuit Gravy DL Creamed Ground Turkey Biscuits / DL Biscuit Gravy DL Creamed Ground Turkey Biscuits / DL Biscuit Gravy DL Creamed Ground Turkey Biscuits / DL Biscuit Gravy DL Creamed Ground Turkey Biscuits / DL Biscuit Gravy DL Streamed Replace Subtaction Captain Ca	М	DL Oatmeal / DL Grits	DL Chicken & Rice & Vegetarian Veg Soups	DL Chicken & Rice & Vegetarian Veg Soups
Mar   Hard Boiled Eggs/DL Turkey Bacon   French Toast wNo Sugar Syrup   Biscuits / DL Biscuit Gravy   DL Cabbage / Wheat Rolls   DL Pasta Fagioli & Vegetarian Veg Soups   DL Cajun Baked Fish w/Lt Crm Sauc   DL Cajun Baked Fish w/Lt Crm Sauc   DL Strambled Egg Beaters   DL Cabbage / Wheat Rolls   DL Oatmeal / DL Grits   DL Cabbage / Wheat Rolls   DL Oatmeal / DL Grits   DL Cabbage / Wheat Rolls   DL Strambled Egg Beaters   DL Cabbage / Wheat Rolls   DL Strambled Egg Beaters   DL Cajun Baked Fish w/Lt Crm Sauc   DL Sauthed Fish w/Lt Crm Sauch   DL Sauthed Fish w/Lt Crm Sauc   DL Sauthed Fish w/Lt Crm Sauc   DL Sauthed Fish w/Lt Crm Sauch   DL Sauthed Fish w/Lt C	0	DL Scrambled Egg Beaters	DL Shrimp Scampi / Grmt Chick Salad	DL Grilled Pork Wings / DL Egg Rolls
Mar Biscuits / DL Biscuit Gravy         DL Colann Salad W/Avocado         Stir-Fry Asian Vegetables         DL Satefeed Baby Carrots / Wheat Rolls           U DL Oatmeal / DL Grits         DL Oatmeal / DL Grits         DL Colann Salad W/Avocado         DL Pasta Fagioli & Vegetarian Veg Soups         DL Pasta Fagioli & Vegetarian Veg Soups         DL Pasta Fagioli & Vegetarian Veg Soups         DL Caljun Baked Fish w/Lt Crm Sauc           Biscuits / DL Biscuit Gravy         DL Grits Biscuits / DL Biscuit Gravy         DL Cabage / Wheat Rolls         DL Saked Potato w/FF Sour Cream         DL Whole Green Beans         DL Wheat Rolls         DL Califiend Velaw Hole         DL Wheat Rolls         DL Califiend V	N		w/ DL Pasta / Wheat Rolls	DL Pineapple Brwn Rice / Fortune Cookies
T DL Oatmeal / DL Grits U DL Scrambled Egg Beaters E Hard Boiled Eggs Mar 10th Biscuits / DL Biscuit Gravy DL Scrambled Eggs DL Scrambled Eggs DL Scrambled Eggs DL Cajling Baked Fish w/Lt Crm Sauc Baked Potato w/FF Sour Cream DL Lyonnaise Potatoes DL Lyonnaise Potatoes DL Lyonnaise Potatoes DL Cajun Baked Fish w/Lt Crm Sauc Baked Potato w/FF Sour Cream DL Whole Green Beans DL Super Sweet White Corn Wheat Rolls DL Scrambled Egg Beaters DL Turkey Sease w/DL Onion Gravy DL Mashed Potatoes w/DL Onion Gravy DL Mashed Potatoes w/DL Onion Gravy DL Mashed Potatoes w/DL Onion Gravy DL Squash T DL Oatmeal / DL Grits DL Scrambled Egg Beaters U Hard Boiled Eggs Mar DL Scrambled Egg Beaters U DL Scrambled Egg Beaters DL Scrambled Egg Beaters U DL Scrambled Egg Beaters DL Otatmeal / DL Grits DL Scrambled Egg Beaters DL Otatmeal / DL Grits DL Scrambled Egg Beaters DL Otatmeal / DL Grits DL Scrambled Egg Beaters DL Otatmeal / DL Grits DL Scrambled Egg Beaters DL Otatmeal / DL Grits DL Scrambled Egg Beaters DL Otatmeal / DL Grits DL Scrambled Egg Beaters DL Otatmeal / DL Grits DL Scrambled Egg Beaters DL Otatmeal / DL Grits DL Scrambled Egg Beaters DL Otatmeal / DL Grits DL Scrambled Eggs DL Triky Meat Rolls DL Scrambled Eggs DL Triky Meat Balls 'n DL Tomato Sauce DL Seef Noodle & Vegetarian Veg Soups DL Triky Meat Balls 'n DL Tomato Sauce DL Seef Noodle & Vegetarian Veg Soups DL Cabbage DL Calific Bread / Wheat Rolls DL Seef Noodle & Vegetarian Veg Soups DL Calific Bread / Wheat Rolls DL Seef Noodle & Vegetarian Veg Soups DL Calific Bread / Wheat Rolls DL Seef Noodle & Vegetarian Veg Soups DL Calific Bread / Wheat Rolls DL Seef Noodle & Vegetarian Veg Soups DL Calific Bread / Wheat Rolls DL Seef Noodle & Vegetarian Veg Soups DL Calific Bread / Wheat Rolls D	Mar		DL Steamed Asparagus Spears	Stir-Fry Asian Vegetables
U DL Scrambled Egg Beaters Hard Boiled Eggs DL Turkey Sausage Patties DL Lynnnaise Potatoes Biscuits / DL Biscuit Gravy DL DL Gajun Baked Fish w/Lt Crm Sauc Baked Potato w/FF Sour Cream DL Whole Green Beans DL Whole Green Beans DL Super Sweet White Corn Wheat Rolls DL Squash DL Patta Boiled Eggs DL Turkey Steaks w/DL Onion Gravy DL Mashed Potatoes w/DL Chick Grvy DL Squash DL Squash DL Squash DL California Blend Veggtarian Veg Soups DL Turkey Steaks w/DL Onion Gravy DL Beef Stroganoff DL Galifornia Blend Veggies DL Scrambled Egg Beaters DL Scrambled Egg Beaters DL Scrambled Eggs DL Turkey Sausage DL Scrambled Eggs DL Gallied Veal w/Tomato Basil Sauce DL Super Sweet White Corn DL Beef Stroganoff DL California Blend Veggies DL California Blend Veggies DL Baked Potatoes DL Baked Potatoes w/DL Chick Grvy DL Baked Potatoes DL Baked Potatoes w/DL Chick Grvy DL Roast Beef & Vegetarian Veg Soups DL California Blend Veggies DL California Blend Veggies DL California Blend Veggies DL California Blend Veggies DL Baked Potatoes DL Baked Potatoes DL Baked Potatoes DL Baked Potatoes DL California Blend Veggies DL DL Baked Potatoes DL Parmesan Garlic Red Potatoes DL Grilled California Blend Veggies DL Mash Potatoes w/DL Chick Grvy DL Meat Rolls DL Scrambled Egg Beaters DL Okra / Wheat Rolls DL Seef Noodle & Vegetarian Veg Soups DL Turkey Bacon DL Stredder Hash Brown Potatoes DL Sautéed Fish DL Cape Cod Blend DL Sautéed Fish DL Cape Soups DL Cape Cod Blend DL Scrambled Egg Beaters DL Cape Red Potatoes DL Cape Red Potatoes DL Cape Red Potatoes DL Veg Beef & Barley & Vegtam Veg Soup DL Cape Red Potatoes	9th	Biscuits / DL Biscuit Gravy	DL Cuban Salad w/Avocado	DL Sautéed Baby Carrots / Wheat Rolls
E Hard Boiled Eggs DL Turkey Sausage Patties DL Lyonnaise Potatoes DL Cabbage / Wheat Rolls DL Catmeal / DL Grits DL Scrambled Egg Beaters DL Sugar Snaps DL Catlifornia Blacuits / DL Biscuit Gravy DL Mash Potatoes w/DL Onion Gravy DL Mashed Potatoes w/DL Onion Gravy DL Mashed Potatoes w/DL Onion Gravy DL Squash DL Catifornia Blend Veggies DL Squash DL Catmeal / DL Grits DL Oatmeal / DL Grits DL Scrambled Egg Beaters DL California Blend Veggies DL Scrambled Egg Beaters DL California Blend Veggies DL Squash DL California Blend Veggies DL Squash DL Scrambled Egg Beaters DL California Blend Veggies DL Squash DL Scrambled Egg Beaters DL Sun Dried Tom & Mozzarella Risotto DL Blacuit Gravy DL Sugar Snaps / Wheat Rolls DL Saked Protatoes DL Normandy Bled Veg / Wheat Rolls DL Scrambled Egg Beaters DL Oatmeal / DL Grits DL Scrambled Egg Beaters I Hard Boiled Eggs DL Captmeal / DL Grits DL Scrambled Egg Beaters DL Captmeal / DL Grits DL Scrambled Egg Beaters DL Captmeal / DL Grits DL Scrambled Egg Beaters DL Captmeal / DL Grits DL Scrambled Egg Beaters DL Saufed Sliced Mshrms/ DL Tura Sauted Sliced Mshrms/ DL Tura Sauted Sliced Mshrms/ DL Tripa Sauted DL Sautéed Fresh Zucchini Chunks DL Sautéed Fresh Zucchini Chunks Biscuits / DL Biscuit Gravy DL Sautéed Fresh Zucchini Chunks Biscuits / DL Biscuit Gravy DL Sautéed Fresh Zucchini Chunks Biscuits / DL Biscuit Gravy DL Sautéed Fresh Zucchini Chunks Biscuits / DL Grits DL Sautéed Fresh Zucchini Chunks Biscuits / DL Biscuit Gravy DL Sautéed Fresh Zucchini Chunks Biscuits / DL Biscuit Gravy DL Sautéed Fresh Zucchini Chunks Biscuits / DL Grits DL Capte & Barley & Vegtam Veg Soups DL Veg Beef & Barley & Vegtam Veg Soups DL Grill Chick Brst/Thgh Scallopin DL Grill Chick Brst/Thgh Scallopin DL Grill Chick Brst/Thgh Scallopin	Т	DL Oatmeal / DL Grits	DL Pasta Fagioli & Vegetarian Veg Soups	DL Pasta Fagioli & Vegetarian Veg Soups
DL Turkey Sausage Patties   DL Field Peas w/Snaps   DL Super Sweet White Corn   Wheat Rolls   DL Super Sweet White Corn   Wheat Rolls   DL Scrambled Egg Beaters   DL Turkey Steaks w/DL Onion Grvy   DL Beef Stroganoff   DL Grits   DL Cathili Bean & Vegetarian Veg Soups   DL Chili Bean & Vegetarian Veg Soups   DL Baked Pork Chops w/Apples & Onion   DL Baked Pork Chops w/Apples & Onion Grvy   DL Cathili Bean & Vegetarian Veg Soups   DL Baked Pork Chops w/Apples & Onion   DL Baked Pork Chops w/Apples & Onion   DL Baked Pork Chops w/Apples & Onion Grvy   DL Baked Pork Chops w/Apples & Onion Drug   DL Pinto Baked Pork Chops w/Apples & Onion	U	DL Scrambled Egg Beaters	DL Grilled & Oven Fried Chick Brst/Thgh	DL Cajun Baked Fish w/Lt Crm Sauce
DL Lyonnaise Potatoes   Biscuits / DL Biscuit Gravy   Wheat Rolls   Wheat Rolls   Wheat Rolls   Wheat Rolls   Wheat Rolls   DL Oatmeal / DL Grits   DL Scrambled Egg Beaters   DL Turkey Steaks w/DL Onion Gravy   DL Beef Stroganoff   DL Squash   DL California Blend Veggies		Hard Boiled Eggs	DL Mash Potatoes w/DL Chick Grvy	Baked Potato w/FF Sour Cream
December 2015   December 201	S	DL Turkey Sausage Patties	DL Field Peas w/Snaps	DL Whole Green Beans
DL Oatmeal / DL Grits   DL Roast Beef & Vegetarian Veg Soups   DL Roast Beef & Vegetarian Veg Soups   DL Scrambled Egg Beaters   DL Turkey Steaks w/DL Onion Gravy   DL Beef Stroganoff   DL Pasta   DL Squash   DL Oatmeal / DL Grits   DL Oatmeal / DL Grits   DL Scrambled Egg Beaters   DL Mustard Greens / Wheat Rolls   DL Biscuit Gravy   DL California Blend Veggies   DL Broccoli Florets / Wheat Rolls   DL California Blend Veggies   DL Broccoli Florets / Wheat Rolls   DL California Blend Veggies   DL Broccoli Florets / Wheat Rolls   DL California Blend Veggies   DL Broccoli Florets / Wheat Rolls   DL California Blend Veggies   DL Broccoli Florets / Wheat Rolls   DL California Blend Veggies   DL Broccoli Florets / Wheat Rolls   DL California Blend Veggies   DL Broccoli Florets / Wheat Rolls   DL California Blend Veggies   DL Broccoli Florets / Wheat Rolls   DL California Blend Veggies   DL Broccoli Florets / Wheat Rolls   DL California Blend Veggies   DL California Blend Veggies   DL Broccoli Florets / Wheat Rolls   DL California Blend Veggies   DL California Blend Veggies   DL Broccoli Florets / Wheat Rolls   DL California Blend Veggies   DL California Pland Veg Soup   DL Saked Port Chops w/Apples & Onion   DL Saked Po	Mar	DL Lyonnaise Potatoes	DL Cabbage / Wheat Rolls	
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R DL Scrambled Egg Beaters I Hard Boiled Eggs DL Parmesan Garlic Red Potatoes DL Creamed Ground Turkey Biscuits / DL Biscuit Gravy DL Collect Gravy DL Collect Gravy DL Collect Gravy DL Okra / Wheat Rolls DL Biscuit Gravy DL Scrambled Egg Beaters DL Okra / Wheat Rolls DL Italian Green Beans / Wheat Rolls DL Italian Green Beans / Wheat Rolls DL Italian Green Beans / Wheat Rolls DL Scrambled Egg Beaters DL Trky Meat Balls 'n DL Tomato Sauce DL Wheat Spaghetti DL Shredder Hash Brown Potatoes DL Shredder Hash Brown Potatoes Biscuits / DL Biscuit Gravy DL Garlic Bread / Wheat Rolls DL Garlic Bread / Wheat Rolls DL Veg Beef & Barley & Vegtarn Veg Soups DL Veg Beef & Barley & Vegtarn Veg Soups DL Garlic Bread / Wheat Rolls DL Veg Beef & Barley & Vegtarn Veg Soups DL Grill Chicken Brst & Thgh DL Mash Potatoes W/DL Chick Grv L Sautéed Sliced Mshrms/ DL Tuna Sa DL Beef Noodle & Vegetarian Veg Soups DL Sliced Roast Beef w/DL Gravy DL Carbots DL Cape Cod Blend DL Carrots DL Carrots DL Carrots DL Veg Beef & Barley & Vegtarn Veg Soups DL Veg Beef & Barley & Vegtarn Veg Soups DL Veg Beef & Barley & Vegtarn Veg Soups DL Grill Chicken Brst & Thgh DL Mash Potatoes DL Bautéed Sliced Mshrms/ DL Tuna Sa DL Beef Noodle & Vegetarian Veg Soups DL Sliced Roast Beef w/DL Gravy DL Carrots DL Carrots DL Carrots DL Veg Beef & Barley & Vegtarn Veg Soups DL Veg Beef & Barley & Vegtarn Veg Soups DL Grill Chicken Brst & Thgh DL Mash Potatoes DL Mash Potatoes DL Bautéed Sliced Mshrms/ DL Tuna Sa DL Bautéed Sliced Mshrms/ DL Tuna Sa DL Bautéed Sliced Mshrms/ DL Tuna Sa DL Sautéed Sliced Mshrms/ DL Tuna Sa DL Sa	_	· · · · · · · · · · · · · · · · · · ·	ů i	
I Hard Boiled Eggs   DL Parmesan Garlic Red Potatoes   DL Mash Potatoes w/DL Chick Grv   DL Creamed Ground Turkey   DL Italian Eggplant & Zucchini Casserole   L Sautéed Sliced Mshrms/ DL Tuna Sa   DL Italian Green Beans / Wheat Rolls   DL Sliced Roast Beef w/DL Gravy   DL Irish Potatoes   DL Irish Potatoes   DL Cape Cod Blend   DL Cape Cod Blend   DL Cape Cod Blend   DL Cape Cod Blend   DL Carrots   DL Carrots   DL Carrots   DL Carrots   DL Carrots   Wheat Rolls / Cornbread   DL Carrots   DL Veg Beef & Barley & Vegtarn Veg Soup   DL Veg Beef & Barley & Vegtarn Veg Soup   DL Veg Beef & Barley & Vegtarn Veg Soup   DL Grill Chick Brst/Thgh Scallopin   DL Grill Chick Brst/Thgh Scallopin   DL Veg Beef & DL Veg Beef & DL Veg Beef & Barley & Vegtarn Veg Soup   DL Grill Chick Brst/Thgh Scallopin   DL Veg Beef & DL			0 0 1	0 0 1
Mar     DL Creamed Ground Turkey     DL Italian Eggplant & Zucchini Casserole     L Sautéed Sliced Mshrms/ DL Tuna Sa DL Italian Green Beans / Wheat Rolls       S     DL Oatmeal / DL Grits     DL Beef Noodle & Vegetarian Veg Soups     DL Sliced Roast Beef w/DL Gravy       T     Hard Boiled Eggs     DL Turkey Bacon     DL Cape Cod Blend     DL Cabbage       Mar     DL Shredder Hash Brown Potatoes     DL Sautéed Fresh Zucchini Chunks     DL Carrots       14th     Biscuits / DL Biscuit Gravy     DL Grits     DL Veg Beef & Barley & Vegtarn Veg Soups     DL Veg Beef & Barley & Vegtarn Veg Soups     DL Veg Beef & Barley & Vegtarn Veg Soup       U     DL Scrambled Egg Beaters     DL Roasted Turkey w/DL Turkey Gravy     DL Grill Chick Brst/Thgh Scallopin		55		
13th   Biscuits / DL Biscuit Gravy   DL Okra / Wheat Rolls   DL Italian Green Beans / Wheat Rolls     S		55		· .
S DL Oatmeal / DL Grits DL Beef Noodle & Vegetarian Veg Soups DL Beef Noodle & Vegetarian Veg Soups DL Scrambled Egg Beaters DL Trky Meat Balls 'n DL Tomato Sauce DL Sliced Roast Beef w/DL Gravy DL Irish Potatoes DL Turkey Bacon DL Shredder Hash Brown Potatoes DL Sautéed Fresh Zucchini Chunks Biscuits / DL Biscuit Gravy DL Garlic Bread / Wheat Rolls Wheat Rolls / Cornbread DL Scrambled Egg Beaters DL Roasted Turkey w/DL Turkey Gravy DL Grill Chick Brst/Thgh Scallopin		-	00.	
A DL Scrambled Egg Beaters T Hard Boiled Eggs DL Wheat Spaghetti DL Cape Cod Blend DL Shredder Hash Brown Potatoes 14th Biscuits / DL Biscuit Gravy DL Garits DL Cape and / Wheat Rolls DL Carrots		· · · · · · · · · · · · · · · · · · ·		
T Hard Boiled Eggs DL Wheat Spaghetti DL Irish Potatoes DL Turkey Bacon DL Cape Cod Blend DL Cabbage  Mar DL Shredder Hash Brown Potatoes 14th Biscuits / DL Biscuit Gravy Garlic Bread / Wheat Rolls Wheat Rolls / Cornbread  S DL Oatmeal / DL Grits DL Veg Beef & Barley & Vegtarn Veg Soups DL Scrambled Egg Beaters DL Roasted Turkey w/DL Turkey Gravy DL Grill Chick Brst/Thgh Scallopin	_			,
DL Turkey Bacon Mar DL Shredder Hash Brown Potatoes 14th Biscuits / DL Biscuit Gravy DL Sautéed Fresh Zucchini Chunks Garlic Bread / Wheat Rolls Wheat Rolls / Cornbread DL Veg Beef & Barley & Vegtarn Veg Soups DL Oatmeal / DL Grits DL Veg Beef & Barley & Vegtarn Veg Soups DL Grill Chick Brst/Thgh Scallopin		55		,
Mar   DL Shredder Hash Brown Potatoes   DL Sautéed Fresh Zucchini Chunks   DL Carrots	' '			
14th         Biscuits / DL Biscuit Gravy         Garlic Bread / Wheat Rolls         Wheat Rolls / Cornbread           S         DL Oatmeal / DL Grits         DL Veg Beef & Barley & Vegtarn Veg Soups         DL Veg Beef & Barley & Vegtarn Veg Soups           U         DL Scrambled Egg Beaters         DL Roasted Turkey w/DL Turkey Gravy         DL Grill Chick Brst/Thgh Scallopin	Mar	,	·	g .
S DL Oatmeal / DL Grits DL Veg Beef & Barley & Vegtarn Veg Soups DL Veg Beef & Barley & Vegtarn Veg Soup DL Grill Chick Brst/Thgh Scallopin				
U DL Scrambled Egg Beaters DL Roasted Turkey w/DL Turkey Gravy DL Grill Chick Brst/Thgh Scallopin		,		
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	N	Hard Boil Eggs/LF/LS Grilled Ham	DL Cornbread Dressing	w/DL Brown rice
		55	ĕ	DL Berry Burst Salad w/Rspbry Vinagret
15th Biscuits / DL Biscuit Gravy DL Green Peas / Wheat Rolls DL Asparagus / Wheat Rolls		9 , 1		, , ,

## STANDARD BREAKFAST MENU ITEMS

Bagels, English Muffins, Jelly, SF Jelly, Syrup, SF Syrup, Prunes, Bananas, Whole Fresh Fruit, Cut Fresh Fruit, Grapefruit Sections, Applesauce, Raisins, Brown Sugar, Cinnamon Shake

#### STANDARD MENU ITEMS ALL MEALS

Assorted Breads, Assorted Dry Cereals, Assorted Juices, Assorted Milk, Assorted Beverages, Coffee, Decaf Coffee, Iced Tea - w/Sugar & No Sugar, Hot Tea Bags, Butter, Margarine, Sugar, Sugar Substitute, Salt, Pepper, Assorted Condiments 

STANDARD SALAD BAR ITEMS FOR LUNCH & DINNER

# Available Every Day - Mixed Salad Greens, Cherry Tomatoes, Sliced Cucumbers, Sliced Red Onions, Matchstick Carrots,

Sliced Green Peppers, Bread & Butter Pickles, Whole Green Olives, Sliced Black Olives, Coleslaw, Tuna Fish, Boiled Eggs, Cottage Cheese, Shredded Cheese, Bacon Bits / Variables - Sliced, Diced or Whole Beets, Jalapeno or Banana Peppers, Broccoli or Cauliflower Florets, Green Peas or Edamames, Green Onions or Celery Sticks, Avocados or Baby Corns, Chopped Nuts, Dried Cranberries or Raisins, Sunflower Seeds or Bleu Cheese Crumbles - Salmon Monday, Wednesday, Friday

### STANDARD SALAD DRESSINGS

Ranch, Blue Cheese, Thousand Island, Fat Free Ranch, Italian & Catalina French, Balsamic Vinegar, Red/White Vinegar, Olive Oil

SALADS / GELATINS	DAILY SALAD BAR ROTATION	FRUITS
Green Pea w/Carrot Salad / Strawberry	Monday	Sliced Peaches / Mandarin Oranges
Marinated Cucumbers / Orange	Tuesday	Sliced Peaches / Tropical Fruit Cocktail
German Tomato Salad / Cherry	Wednesday	Sliced Peaches / Pineapple Chunks
Broccoli Salad / Lemon	Thursday	Sliced Peaches / Apricot Halves
Pear, Blue Cheese, Walnut Salad / Raspberry	Friday	Sliced Peaches / Fruit Cocktail
Fruit Salad / Lime	Saturday	Sliced Peaches / Pineapple Slices
Carrot & Raisin Salad / Watermelon	Sunday	Sliced Peaches / Pear Halves